

Mission Builders International - Pre-Trip Check List

Pre-Departure

- Passport
- Visa
- Health Documentation
- Transportation Tickets
- Frequent Flyer Cards
- Emergency Information
- Travel Insurance
- Hotel Reservations
- Traveler's Checks / ATM Card
- Currency
- Credit Cards / ATM Card
- Guide Books and Maps
- Trip Cancellation/ Medical Insurance
- Personal Identification
- Copies of Airline Ticket Confirmations & Passport
- Special Event Reservations

Travel Gear

- Main Travel Bag (Travel Pack/ Duffle Bag/ Luggage)
- Packing Accessories (for clothes, small stuff and toiletries)
- Security (Passport Carrier/ Locks/ Luggage Tags)
- Document Organizer
- Everyday Bag

Everyday Basics

- Travel Clothing
- Raincoat/ Umbrella
- Travel Footwear
- Visor or Brimmed Hat
- Camera(s), extra chips
- Video Camera
- iPod, Earbuds, Headphones
- Electric/Phone Charger Cables
- Binoculars
- Travel Alarm
- Language Books
- Reading Materials
- Address Book
- Travel Journal
- Pen/Pencil
- Scarf/ Bandana
- Games/ Playing Cards
- Snacks
- Water Bottle
- Hand Sanitizer/ Towlettes
- Travel Neck Pillow
- Eye Shade/ Ear Plugs
- Portable Door Lock
- Tissues/ Toilet Paper
- Keys

Maintenance Items

- Flashlight Batteries/ Bulb
- Matches or Lighter
- Extra Batteries
- Sewing/ Repair Kit
- Duct Tape
- Travel Iron or Steamer
- Sink Stopper for Hotel Sinks
- Zip-close Plastic Bags

Travel Health

- Travel Health Booklet
- Pain Reliever/ Aspirin
- Cold Medicines
- Contact Lens Items
- Diarrhea Medicine
- Laxative
- Insect Protection
- Sun Protection
- Sunburn Relief
- Antibiotic Cream
- Malaria Medication
- Motion Sickness Medicine
- Personal Hygiene Items
- Personal Prescription

For suggested additions or changes to this list please send them to MBI@MissionBuilders.net

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Home Checklist

- Stop deliveries
- Have Post Office hold mail
- Arrange care for pets, lawn and plants
- Set-up a timed lighting system
- Notify local police of absence
- Leave house key and trip itinerary with a neighbor
- Empty refrigerator
- Eliminate possible fire hazards (unplug appliances, etc.)
- Turn down thermostat
- Turn off water heater
- Store valuables in a safe place
- Lock all doors and windows
- Reconfirm with airlines

Toiletries

- Comb / Brush
- Toothbrush / Paste
- Dental Floss
- Deodorant
- Soap-Personal & Laundry
- Skin Care Lotion / Creams
- Make up
- Mirror
- Manicure Articles
- Hair Care
- Sunscreen / Lip Balm
- Razors / Shaving Cream
- Hair Dryer
- Towel / Washcloth
- Travel Bottles (for shampoo & laundry soap)

This list courtesy of and used by permission of www.EagleCreek.com for travel accessories available on the web. Last modified for **Mission Builders International** May 2009.
Downloadable Checklist from www.MissionBuilders.net